

**WHO:**

All interested Mental Health consumers, family/friends, community members, professionals, stakeholders, and supportive individuals

**WHEN:**

The 3rd Thursday of every month, from 10 a.m. to Noon

**WHERE:**

The Main Conference Room  
@ Westmoreland  
Casemanagement and  
Supports, Inc. (WCSI)  
770 E. Pittsburgh Street  
Greensburg, PA 15601  
(724) 837-1808

**Virtually:** Utilizing the *Zoom* platform, contact the BHDS Office for the monthly link

**Westmoreland County Behavioral Health and Developmental Services Office**

40 N. Pennsylvania Avenue  
First Floor ~ Suite 110  
Greensburg, PA 15601  
(724) 830-3617

Westmoreland County BHDS  
40 N. Pennsylvania Avenue  
First Floor ~ Suite 110  
Greensburg, PA 15601

**Westmoreland  
County  
CSP  
Community  
Support Program**

**“United for  
Recovery”  
Westmoreland  
County CSP  
COMMUNITY SUPPORT  
PROGRAM**

**724-830-3617**

**A recovery-oriented and  
educational program for  
all Mental Health  
consumers**

## What is the Community Support Program (CSP)?

The main goal of **CSP** is to bring about a new understanding and acceptance of people with mental illness, and to offer support and education so that individuals with mental illness and co-occurring disorders may enjoy a high quality of life in their community. CSP offers a beacon of hope that people can, and do recover from mental illness.

**CSP** is an organized network of caring and responsible people who work together to improve opportunities for recovery for individuals with mental illnesses.

**CSP** services focus upon the strengths of individuals as well as the skills and supports required for community living. They help each individual maintain a sense of identity, hope, dignity, and self esteem.

**Westmoreland County CSP** is proud to offer education, resources, advocacy and involvement to all the consumers and CSP members. Each meeting provides an array of information and a presentation from the various service providers, supportive programs and the resources within our county and state.

A typical CSP meeting will include:

- Updates from the Westmoreland County BHDS Office and the many MH service providers
- Updates from the MH Medicaid provider Beacon Health Options
- Information on the current and upcoming community events and resources throughout the state
- Information about legislation and processes that effect the various benefits such as: Social Security, the Department of Human Services, housing and transportation
- Ability to network and connect with the many CSP members
- Educational opportunities through various presentations
- The meeting minutes, and all of the resources are emailed out in the monthly **CSP Connections**

## The CSP Wheel

For over 30 years, the national Community Support Program has had a dramatic impact on the way systems planners organize services, supports and opportunities to help mental health consumers reach their full potential. The wheel was designed to meet the needs of people with mental illness, as well as those who have a co-occurring disorder. The central focus of CSP is to facilitate the recovery process and personal growth of each mental health consumer. The center of the circle represents recovery as a multidimensional concept. CSP Principles are unchanged and are portrayed in the wheel's middle circle, the outer circle portrays the fundamental components of the Community Support Program.

