

Playing together
to build
your
relationship



Using praise and
rewards to
encourage positive
behavior



Setting clear
limits



Effective and
positive discipline
techniques

It's Incredible! And Fun!

Parenting is a lot of hard work! Join us to find ways to make parenting easier and fun for both you and your child.

The Incredible Years® Parenting Program For Westmoreland County

Mondays, June 6th, 2022 - September 26th, 2022

(No class on July 4th or Labor Day)

Class 6-8pm

Sessions will take place via Zoom

**Adults only—Earn incentives and have fun while you learn!*

To enroll, contact:

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Or

Melodi Janosko: (412) 342-2343, melodi.janosko@wfspa.org



ParentWISE Program of Wesley Family Services



**Classes and incentives provided through a grant from the Westmoreland Drug and Alcohol Commission*