

# coming up for air

Deborah Staples  
Chase Yi

*it all happens in a moment*



the trailer at [vimeo.com/356881427](https://vimeo.com/356881427)  
[www.comingupforairmovie.com](http://www.comingupforairmovie.com)

BE PART OF THE  
CONVERSATION THAT  
SUPPORTS FAMILIES!

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A must-see movie  
for anyone who has  
a loved one with  
mental illness,  
caregivers and  
others in the  
helping profession

Coming up for Air, winner of four best feature awards tells the story of ceramic artist Anna Russell and her son Stan, a straight A college student and high diving champion seeking a spot on the men's 10m Olympic diving team. The pressure and stress to succeed in both his competitions and school take their toll and Stan begins a downward spiral with potentially tragic consequences.

A breathtaking family drama that highlights the importance of mental health care, this feature takes audiences on an all-too-common journey, highlighting the pressures that are put upon teenagers to succeed and on parents to cope.

Coming Up for Air is being hailed as a picture that will launch a national conversation about the significant role caregivers play helping friends, family and individuals recover from mental illness.

A panel discussion to include the audience will be moderated by Maj. (ret.) Sam Cochran.

**SUNDAY, AUGUST 28, 2022**

**3 PM – 6 PM**

**Wyndham Grand Pittsburgh Downtown Hotel**

**600 Commonwealth Place**

**Light Refreshments**

**THIS MOVIE IS FREE. TO REGISTER [CLICK HERE](#)**