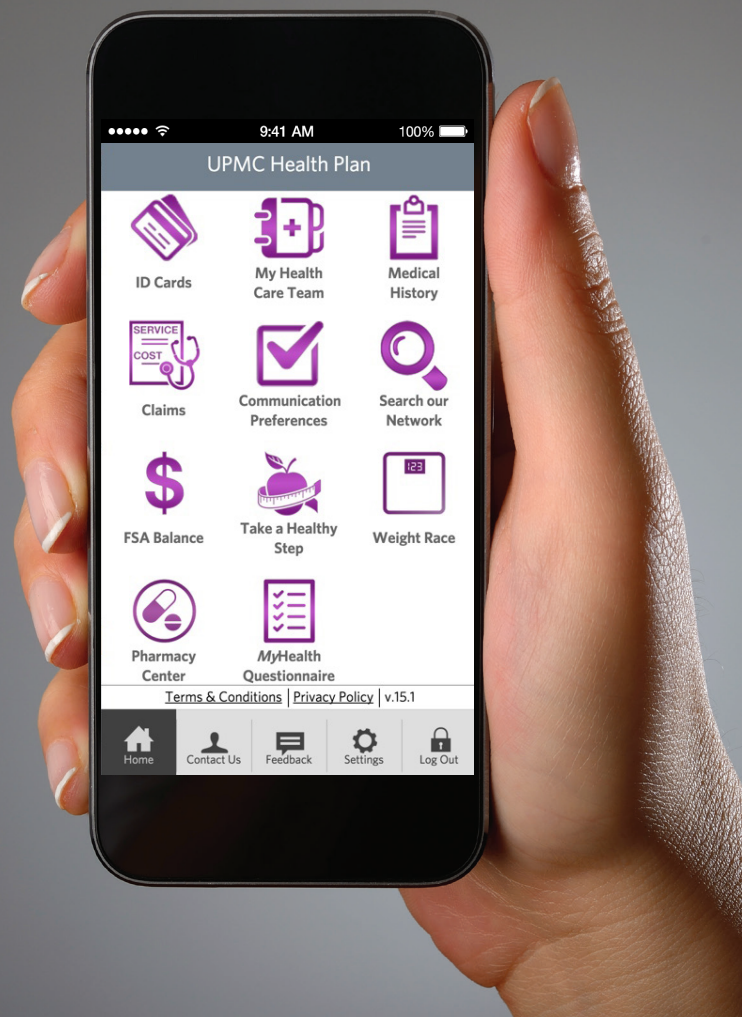


This app just got more app-titude

UPMC Health Plan's free mobile app already gives you convenient on-the-go access to your health plan. Now you can instantly access the MyHealth Questionnaire as well.

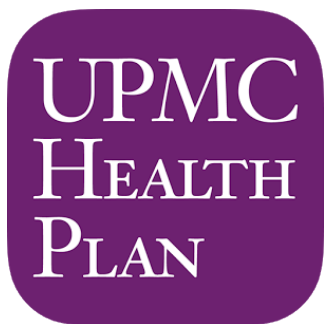
To take the MyHealth Questionnaire, which gives you immediate feedback on your health status, just look for the new icon. Simply click on the MyHealth Questionnaire icon and follow the prompts.

The questionnaire takes only about 20 minutes and will show you where you stand with your health. Better still, it then tells you ways that you may be able to improve your health.



Five other useful things you can do with the **FREE UPMC Health Plan mobile app:**

1. Access member ID cards for yourself and your family members.
2. Chat with a Member Services representative via secure chat.
3. Manage your prescriptions in the Pharmacy Center.
4. Check the status of your claims.
5. View your flexible spending account balance.



Not sure where you stand with your health or what adjustments you may need to make? Now you'll know — in a matter of minutes. Straight from your phone or tablet.

Download UPMC Health Plan's free mobile app today at the iTunes App Store and Google Play.

UPMC HEALTH PLAN