



Global emergency travel assistance wherever you go

As a UPMC Health Plan member, you have access to a unique global emergency travel assistance program—Assist America. You can use this service if you experience a medical emergency while traveling more than 100 miles from home (including to another country) for less than 90 days.* Assist America can connect you and your covered family members to doctors, hospitals, pharmacies, and more.† This service is available at no cost to you.

Medical emergency services

Emergency medical evacuation

If the local care is not adequate, Assist America will arrange to transport you to an appropriate medical facility at no charge.

Foreign hospital admission assistance

Assist America can facilitate your admission to a hospital by verifying your health insurance or advancing funds to the hospital (if necessary).

Medical consultations, evaluations, and referrals

Assist America's Operations Center is staffed by trained multilingual and medical personnel who can advise and assist you.

Medical monitoring

Assist America's staff will stay in contact with you, your family, and the medical personnel providing your care. Staff members also will monitor the quality and course of your treatment.

Medical repatriation

Assist America can arrange for you to be transported home or to a care facility near your residence. If you can't travel alone, the company will provide a medical or nonmedical escort.

Prescription medication assistance

If you lose or forget to pack your prescriptions, Assist America will work with your doctor and a local pharmacy to replace them.

Nonmedical emergency services

Care of minor children

If you are injured while traveling with minor children, Assist America will arrange for child care locally or pay for the children to return home to a family member.

Compassionate visit

If you are traveling alone and are going to be hospitalized for more than seven days, Assist America will pay for a family member or friend to join you.

Emergency trauma counseling

Assist America offers emergency trauma counseling via telephone, and it can provide referrals for follow-up care from qualified counselors.

Interpreters and legal referrals

Assist America can recommend trustworthy legal consultants and interpreters in any country.

Lost luggage and document assistance

Assist America can work with your airline to recover your lost bags. Staff members will contact any necessary agencies to resolve issues related to a lost passport or other documents.

Return of a vehicle

If you are traveling by vehicle and a medical emergency prevents you from driving home, Assist America will arrange to have your vehicle transported to your residence.

Return of mortal remains

If you or your covered dependent passes away while traveling, Assist America will arrange for your remains to be transported to a funeral home near your residence.

Pretrip information

You can check the Assist America website or mobile app for the latest information on issues in countries you may be visiting.

To contact Assist America, take these numbers with you when you travel:

Within the United States: 1-800-872-1414

Outside of the United States: 1-609-986-1234



For convenient access to a variety of emergency travel assistance services, download the Assist America mobile app from the Apple App Store or Google Play.

**For travel that will extend beyond 90 days, you can obtain additional Assist America coverage through the Expatriate/Extended Coverage program. Your dependents who are studying abroad can also use this coverage. Assist America charges a fee for this program.*

†Assist America is not travel or medical insurance, and its services do not replace health coverage while you are away from home. All services must be arranged and provided by Assist America. Bills for any medical costs you incur should be submitted to UPMC Health Plan. They will be subject to the policy limits of your health coverage.

UPMC HEALTH PLAN