



Stay a step ahead with preventive care.

Preventive care gives you and your doctor a full picture of your health. Things like your routine checkup can identify problems earlier, when they're easier to treat.

And when you see an in-network provider, preventive care is 100% covered by your plan. So you stay healthy and save money on out-of-pocket care.

Depending on the results of your checkup, your doctor may order more tests that are considered diagnostic care — so they may have additional fees. Both can occur during the same care visit.

Here is a breakdown:

100% Covered In-Network

Preventive Care

YOUR ROUTINE CHECKUP

Lipid panel to check your cholesterol

Blood pressure screening

Blood glucose test (diabetes screening)

Mammograms and Pap tests

Colonoscopy

May Owe Out-of-Pocket

Diagnostic Care

LAB WORK AND OTHER TESTS

Complete blood panel

Vitamin D, thyroid, and hormone screening

Urinalysis

X-rays, CT scans, or MRIs

EKG

To see your full preventive schedule, login to the Highmark Plan app or <[HighmarkBCBS.com](https://www.highmarkbcbs.com)> and click on the Coverage tab.

Note: Some checkups and tests depend on your sex, age, last visit, or risk factors. You and your doctor can determine what's best for you.