

STOMP OUT



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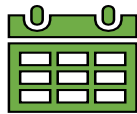
STIGMA



STEP UP Westmoreland will host the first annual awareness walk to STOMP OUT THE STIGMA around mental health



1 in 5 youth are affected by a mental health disorder. Stigma associated with mental health creates an environment of shame, and fear and silences students from speaking up and getting help. It is our goal to **STOMP OUT STIGMA**, **EDUCATE** the public and offer **HOPE** and **SUPPORT** to those struggling alone in mental un-wellness.



Saturday April 25, 2020



Registration begins at 9am followed by the walk at 10am; event ends at 12:30pm



Twin Lakes Park (Lower Lake), Greensburg

- Vendors
- Food
- Music
- And More!

Registration: \$15 (*includes t-shirt and bracelet*)

<https://tinyurl.com/stomp2020>

Registration Deadline: April 3, 2020

Need more info?

Contact a committee member at

stompotstigma@gmail.com



Music Provided by:
PERFECTION DJs PITTSBURGH
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