

### Who Should Attend?

- Educators
- Mental Health Professionals
- Healthcare Professionals
- Certified Peer Specialists
- Law Enforcement
- Community Members
- Students
- Student Assistance Program Liaisons/Teams
- Veterans

### Directions to Westmoreland County Community College (WCCC):

#### From Greensburg and Route 30:

1. Take Route 119 South into Youngwood
2. At the second traffic light (Depot Street), turn left
3. Proceed 1 mile to the college located on the right

#### From the New Stanton Interchange of the Pennsylvania Turnpike (Exit 75)

1. Take Route 119 North into Youngwood
2. At the fourth traffic light (Depot Street), turn right
3. Proceed 1 mile to the college located on the right

Founders Hall Auditorium  
145 Pavilion Lane Youngwood, PA  
15697



*Ray of Hope:  
Westmoreland County  
Suicide Awareness & Prevention Task Force  
c/o Mental Health America of Southwestern PA  
409 Coulter Ave. Suite 4  
Greensburg, PA 15601*

**FRIDAY NOVEMBER 22, 2019**  
**9:00 A.M. to 3:00 P.M.**  
(Registration: 8:15 A.M. to 9:00 A.M.)  
**WCCC**  
**Science Hall**  
145 Pavilion Lane Youngwood, PA 15697

## **Making the Connection** **Trauma, Addiction, Suicide**



**November 22, 2019**

Sponsored by:

Ray of Hope:  
Westmoreland County  
Suicide Awareness and  
Prevention Task Force



## Conference Information

8:15 to 9:00	Registration/Breakfast
9:00 to 10:20	Keynote: Gary Lewis
10:20 to 10:30	Break
10:30 to 11:00	Vet Center Speaker
11:00 to 11:15	Prevent Suicide PA
11:15 to 12:00	Dr. Eberle Presentation
12:00 to 1:00	Lunch (Commissioners Hall)
1:00 to 2:00	Panel Discussion with Dr. Sam Lonich
2:00 to 3:00	Heavenly Biscuits/ Drumming
3:00	Closing Remarks

### Keynote Speaker: Gary Lewis, M.S.

**Gary Lewis** is a Westmoreland County Juvenile Probation Officer and coordinator of the PA Posttraumatic Disorder Project. Since taking over the PA PTSD Project in 2014, Gary has published an updated version of the Residential Treatment Curriculum, which is a treatment program developed to address PTSD in traumatized juveniles. He has also recently produced a new training video that is used in conjunction with the Residential Treatment Curriculum, as well as in many of his other trainings.

### About Our Presenters:

**Christie Hudson, MPA, MSW, LCSW**, joined the Department of Veterans Affairs at the Vet Center in 2017 as a Readjustment Counseling Therapist. She is a Step Certified Military Sexual Trauma (MST) Therapist and Marriage and Family Therapist (MFT) at the Vet Center. She also works with Veterans who deployed to combat zones and who are suffering from Post-Traumatic Stress Disorder and related readjustment struggles.

### About Our Presenters (Continued):

**Prevent Suicide PA: Govan Martin** is the Executive Director of Prevent Suicide PA and a former Pennsylvania State Police Officer. During his tenure in the State Police, Govan was instrumental in creating legislation for Confidentiality in Law Enforcement Peer Support and Critical Incidents. **Mary Brown** is the Prevent Suicide PA treasurer and was one of the founders of the Clearfield Jefferson Suicide Prevention Team.

**Dr. Meghan Eberle, Psy.D.**, is a licensed clinical psychologist and serves as the Director of Clinical Services at Beacon Health Options of Pennsylvania. She specializes in the assessment and treatment of children and adolescents with a history of trauma. She is a certified Trauma Focused Cognitive Behavioral Therapy (TF-CBT) provider and one of an elite group of TF-CBT certified trainers. She specializes in working with children and teens with a history of sexual abuse, physical abuse, witness to violence, medical trauma, and/or accident-related traumas.

**Dr. Sam Lonich, M.S., Ed.S.**, Licensed Psychologist, Certified School Psychologist, nationally accredited School Suicide Prevention Specialist, and retired Professor Emeritus from California University of Pennsylvania. With many years in higher education and community-based mental health, Sam has substantial experience in suicide assessment and crisis management as a trainer and service provider.

**Heavenly Biscuits:** A musical duo made up of Westmoreland County residents **Lauren Condon** and **Vanessa Beggs**, Heavenly Biscuits melds together rock, soul, folk, new wave, and pop hits in a new and beautiful way.

## Registration Form

**Registration deadline is  
Friday, November 8, 2019**

### **Mail Registration Form to:**

Ray of Hope Registration  
Mental Health America of Southwestern PA  
409 Coulter Avenue  
Greensburg, PA 15601

<b>Name:</b>	
<b>Agency:</b>	
<b>Address:</b>	
<b>City/State /Zip:</b>	
<b>Phone:</b>	
<b>Fax:</b>	
<b>Email:</b>	
<b>Any Special Dietary Needs?</b>	
<b><i>Attendance Certificates will be provided</i></b>	

Conference Attendance is **FREE**

***\*Register early  
Space is limited\****

**For questions contact Rachel Ravis:**

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