

Adult Support Groups

The Leukemia & Lymphoma Society Support Group

Art & Expression Workshops

Jackie's Craft
Laurie's Craft Valentine's String Art
Open Craft Afternoon
Rocky's Chocolate Covered Pretzels
Rocky's Mini Mason Jar Lanterns
Zentangle

Health and Wellness Workshops in the Nancy G. Hoffman Wellness Studio

Imagery and Energy Hour
Reiki
Yoga

Social Activities

Appetizers and Chat
Book Club; *How Luck Happens* by Janice Kaplan
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Family Valentine's Bingo & Ice Cream Party
Game Afternoon
Music & Fun with Moose & Jerry
Romantic Musical Movie Afternoon
Valentine's Dinner

Children & Teen Activities

Kid's Winter Fest with Corrin

Monthly Highlights

Book Club *How Luck Happens* by Janice Kaplan
Kids Winter Fest with Corrin
Valentine's Dinner
Zentangle

Spotlight Workshops

Music & Fun with Moose & Jerry
A fun evening of entertainment and "Name that Tune!"
hosted by Moose & Jerry.

Reiki with Vanessa
This healing workshop will be centered around creative
expression while you wait for your 20-minute reiki
session. Reiki offers the opportunity to cleanse your
body and further your spiritual understanding of yourself
and the world around you.

Volunteer Orientation

It is volunteers who make the daily activities of Our
Clubhouse possible. Our Clubhouse welcomes individual
and group volunteers to join our team.

Thursday, February 26, 2:00-3:00pm Please call Our
Clubhouse at 724.221.6182 to register.

For questions about our programming or to learn more
about Our Clubhouse please contact Program
Coordinator Amy Fratto at afratto@ourclubhouse.org or
724.221.6182

FEBRUARY 2019

Program Calendar

Westmoreland Cancer Support



We provide free cancer support for those living with cancer at any age, as well as the family & friends who care for them.

FEBRUARY 2019

For more details or to register for an activity, visit www.ourclubhouse.org/events or call 724-221-6182

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Please check online calendar for most recent updates.					1 10:00-10:50 Yoga	2 CLUBHOUSE CLOSED	
	3 10:00-10:50 Yoga	4	5 4:00-6:00 Open Craft Afternoon 6:00-8:00 Rocky's Craft Chocolate Covered Pretzels	6 CLUBHOUSE CLOSED	7 6:00- 8:00 Valentine's Dinner	8 10:00-10:50 Yoga	9 CLUBHOUSE CLOSED
	10 10:00-10:50 Yoga	11	12 4:00 -6:00 Romantic Musical Movie 6:00-8:00 Laurie's Craft Valentine's String Art	13 CLUBHOUSE CLOSED	14 3:00-4:30 Book Club How Luck Happens by Janice Kaplan 6:00- 8:00 Family Valentine's Bingo & Ice Cream Party	15 10:00-10:50 Yoga	16 CLUBHOUSE CLOSED
	17 10:00-10:50 Yoga	18	19 4:00-6:00 Jackie's Craft 4:30-5:30 Kids Winter Fest with Corrin 6:00-8:00 Music & Fun with Moose & Jerry	20 CLUBHOUSE CLOSED	21 1:00- 2:30 The Leukemia & Lymphoma Society Support Group 6:00-8:00 Rocky's Craft Mini Mason Jar Lanterns	22 10:00-10:50 Yoga	23 CLUBHOUSE CLOSED
	24 10:00-10:50 Yoga	25	26 2:00-3:00 Volunteer Orientation 6:00-8:00 Zentangle 6:00-8:00 Reiki with Vanessa	27 CLUBHOUSE CLOSED	28 12:30-1:30 Imagery & Energy Hour 4:00-6:00 Game Afternoon 6:00-8:00 Appetizers and Chat	Our Clubhouse Westmoreland Hours of Operation Tuesday*: 12:30pm-8:00pm Thursday*: 12:30pm-8:00pm *Hours may vary depending on programming, please consult calendar. In the event of bad weather, please call ahead, check our website, or check KDKA, WTAE, or WPXI for closing status.	