



White Oak Vet Center Newsletter

"Keeping the Promise"



OUR MISSION:

We are the people in the VA who welcome home with honor the war veteran by providing quality readjustment services in a caring manner assisting them and their family members toward a successful post-war adjustment in or near their respective communities.

Readjustment Counselor Abbie Lieberum and the Family Support Group made paintings that were on display at the Vet Center for our BBQ/Open House. Thank you Ladies!

White Oak Vet Center Staff and Big Frank's BBQ



We got our summer kicked off in a big way thanks to some special community partners. Our BBQ and Open House was a tremendous success thanks to Big Frank's BBQ, Team Red, White and Blue and Wounded Warriors Project. Thanks to their support and the hard work of our staff, we fed over 230 people!

Our BBQ and Open House kicked off a very busy summer of events for the Vet Center and surrounding communities. Be certain to see the list of events and do not miss the Vietnam Veterans Memorial Fund "The Wall that Heals" that will be visiting McKeesport this August. Details are below



Readjustment Counselor Sean Britt will be working with Project Healing Waters to start a "Fly Fishing" group at our White Oak Vet Center.

Contact Sean at 412-678-7704 to learn more about this group and Project Healing Waters.



August 9th-12th, McKeesport's Renzie Park will be host to Vietnam Veterans Memorial Fund, "The Wall that Heals".

Open 24 hours a day for over three days, the 'Wall That Heals' is powerful and touching memorial to those lost during the Vietnam War. Please make sure to take some time and visit.

The White Oak Vet Center staff will be onsite for much of the event, but the coordinators need volunteers. If you are interested in volunteering, check out this website <https://bringthewalltothemonvalley.com/>



Semper Fi Odyssey

Semper Fi Odyssey is a six-day, holistic transition-assistance event with a curriculum designed to get participants ready for life after military service while preparing them for success. The camp is located in Boswell, PA. Retreat sessions have between twenty-five and thirty-five participants attending. All participants will be grouped into teams of three to five and each team is assigned a Team Leader that is committed to each participant's individual progress. Our veteran Team Leaders, many of whom have walked in the same shoes as our participants, are carefully screened volunteer business professionals who have successfully transitioned out of the military and into the civilian workplace.

The next Semper Fi Odysseys camp is scheduled for August 5-11, October 7-13 and December 9-15

Interested veterans can contact Dan Pultz at dan@dmpultz.com

Watch the Semper Fi Odysseys video: <https://youtu.be/qonrvWTja3I>



The Veterans Breakfast Club creates communities of listening around veterans and their stories. Through public storytelling programs such as our local breakfast events, veterans of all eras share their memories and learn about the service of others. These events help build camaraderie among veterans and educate the public about the veteran experience.

Check out their website for a full listing of events throughout the area: <http://veteransbreakfastclub.com/>

Upcoming events

Free Hearing Screening for Veterans

July 17th, 24th and 31st 10:00-12:00

Veterans can be screened to determine best next steps for hearing issues Call (412) 678-7704 with questions.

Annual Veterans Appreciation Picnic

August 17th, 3:00-7:00

White Oak Park Magnolia Pavilion

Call the office to RSVP

White Oak Vet Center Hours of Operation:

Monday- 8:00-4:30

Tuesday- 8:00-7:00

Wednesday- 8:00-7:00

Thursday- 8:00-8:00

Friday- 8:00-4:30

Saturday- Closed

Sunday- Closed



Group Meetings

Vet Center:

Vietnam Veterans

WWII and Korean War Veterans

Women Veterans Support

Family Support

Military Sexual Trauma

War Vet Treatment Group

Disabled Combat Veterans

In the Community:

VA Medical Center University Drive

Smithton

Cowansville

Indiana

Greensburg

**Call our office for times and dates:
412-678-7704**