



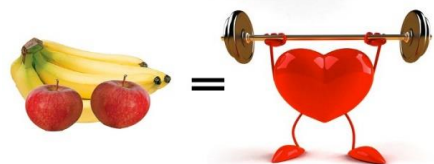
McKenna Senior Center
 971 Old Salem Road
 Greensburg, PA
 724-837-8832
 Hours M-F 8:00 am - 3:30 pm



MARCH 2020



WINTER WEATHER CLOSINGS
 WATCH WTAE NEWS

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	10:00 PALS GROUP 10:00 PIANO LESSONS 10:00 CRAFTS 10:00 HEALTHY EATING BE ACTIVE 11:00 SILVER SNEAKERS 12:00 LUNCH 12:30 REWIND REUSE CRAFT	3	8:30 TAI CHI 9:00 COFFEE & BAGELS 11:30 DRUMMING CIRCLE DEMO LUNCH 12:45 BINGO 2:30 REAL ID SEMINAR WITH CAITRIN	4	9:30 HAIRDRESSER JENNY 10:00 ZUMBA LITE 11:00 OSPTA SPEAKER FOOT HEALTH 12:00 LUNCH 12:45 YOGA 12:45 LEFT RIGHT CENTER DICE GAME	5	8:30 TAI CHI 11:00 SILVER SNEAKERS 12:00 LUNCH 12:45 BINGO 1:30 MEMOIR GROUP 2:30 UNITED HEALTH CARE ST PAT'S TRIVIA & TREATS	6	BOGO BOOK SALE 9:00-3:00 10:00 LINE DANCING 12:00 LUNCH 12:30 BREAD DISTRIBUTION 12:45 BINGO 2:30 RNC MONOPOLY AUTION
9	9:00 BAGELS & COFFEE 10:00 PIANO LESSONS 10:00 HEALTHY EATING BE ACTIVE 11:00 SILVER SNEAKERS 12:00 LUNCH 12:45 HARMONY HOME CARE TRIVIA MANIA	10	8:30 TAI CHI 10:00 COUNCIL MEETING 12:00 LUNCH 12:45 BINGO 2:30 AMEDYSIS HOSPICE CRAFT & HEALTH TALK	11	10:00 ZUMBA LITE 12:00 LUNCH 12:45 YOGA 12:45 TRAVEL CLUB MEETING 12:45 MONTHLY BDAY PARTY HOWARD MINCONE PERFORMS EVERYONE WELCOME! 1:00 CAREGIVER SUPPORT	12	8:30 TAI CHI 9:00 CARD GROUP 11:00 SILVER SNEAKERS 12:00 LUNCH 12:45 BINGO 2:15 HEMPFIELD MANOR PRIZE BINGO	13	9:00 COFFEE & BAGELS 10:00 LINE DANCING 12:00 LUNCH 12:45 BINGO 2:15 ST PATRICK'S DAY PARTY GREENSBURG CARE & HARMON HOUSE
16	9:00 MASSAGE APPT REQ. 10:00 PIANO LESSONS 10:00 HEALTHY EATING BE ACTIVE 11:00 SILVER SNEAKERS 12:00 LUNCH 1:00 FROM THE HEART ST PATTY'S DAY RACE 2:15 LEFT RIGHT CENTER GAME	17	8:30 TAI CHI 11:00 EXCELA HEALTH BP CHECKS 12:00 LUNCH 12:45 BINGO 2:15 CALCIUM CHALLENGE AMERICAN BONE HEALTH ORGANIZATION	18	10:00 ZUMBA LITE 11:00 NUTRITION ED W/SCOTT 12:00 LUNCH 12:45 YOGA 1:00 GARDENER CAROL SEED PLANTING 2:00 LEFT RIGHT CENTER DICE GAME	19	8:30 TAI CHI 9:00 CARD GROUP 11:00 SILVER SNEAKERS 12:00 LUNCH 12:45 BINGO 1:30 MEMOIR GROUP 2:30 BALZER MEYER HIS. SOC. GREENSBURG NOW & THEN	20	10:00 LINE DANCING 11:30 ASERACARE HOSPICE SERVICES AVAILABLE 12:00 LUNCH 12:30 BREAD DISTRIBUTION 12:45 BINGO 5:00 NIGHT AT THE RACES
23	10:00 PIANO LESSONS 10:00 CRAFTS 10:00 HEALTHY EATING BE ACTIVE 11:00 SILVER SNEAKERS 12:00 LUNCH 12:45 AUCTION W/MALINDA & AUSTIN	24	8:30 TAI CHI 11:00 SCRABBLE 12:00 LUNCH 12:45 BINGO 2:30 SENIOR HELPERS SPEAKER UNDERSTANDING BLOOD SUGAR	25	9:00 HEALTHY STEPS FOR OLDER ADULTS SEMINAR 11:00 PEDICURES APPT. NECESSARY 10:00 ZUMBA LITE 12:00 LUNCH 12:45 YOGA 1:00 MUDGE PODGE W/MICHELLE	26	8:30 TAI CHI 10:00 BIBLE STUDY 11:00 SILVER SNEAKERS 12:00 LUNCH 12:45 BINGO 2:15 BARNES PLACE PRIZE BINGO	27	BOGO BOOK SALE 9:00-3:00 10:00 LINE DANCING 11:00 CARDS YOUR CHOICE! 12:00 LUNCH 12:45 BINGO 2:15 HUMANA SPEAKER MARCY FALL ASLEEP STAY ASLEEP
30	10:00 PIANO LESSONS 10:00 CRAFTS 10:00 HEALTHY EATING BE ACTIVE 11:00 SILVER SNEAKERS 12:00 LUNCH 12:45 LEFT RIGHT CENTER GAME 2:00 SCRABBLE	31	8:30 TAI CHI 9:00 COFFEE & BAGELS 12:00 LUNCH 12:45 BINGO 2:15 SENIOR LIFE TRIVIA MANIA	 <p>BUS TRIP MARCH 16 LADY LUCK CASINO TRIP 12:00 PM SIGN UP REQUIRED</p> 		 <p>PENN STATE EXTENSION HEALTHY EATING & BE ACTIVE SERIES FREE SEMINARS MONDAY, MARCH 2, 9, 16 23 & 30 @10:00 a.m. SIGN UP SUGGESTED!</p>			

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