

## Student Assistance Program (SAP)

### Frequently Asked Questions

#### **What is the main role or function of the Student Assistance Program?**

SAP helps schools identify students who are experiencing behavioral and/or academic difficulties that are posing a barrier to their learning and their success in school. SAP offers support to these students and their families. SAP is not a treatment program.

**Who can referral a student to SAP?** A referral to the SAP Team can be made by anyone including teachers, administrators, parents, peers of the student, or the student himself.

#### **What insurances does the SAP program accept?**

There is no cost for SAP services to school districts or families; therefore, no insurance is necessary. The SAP Team will offer assistance and recommendations which may include a SAP Liaison Screening. SAP Liaison services are also at no cost to schools or families.

#### **How can the SAP process assist in the prevention of truancy?**

Early identification of education issues is crucial for providing assistance to students. SAP Teams may provide monitoring, mentoring, or recommend other school services to remove barriers to learning (such as truancy).

#### **What is a SAP liaison screening?**

The Sap Liaisons gather information to determine if the situation warrants further evaluation by a Behavioral Health or Drug & Alcohol Provider.

#### **Is parent consent necessary for the screening to occur?**

Yes, written parent permission is necessary for the SAP process to be implemented and parent consent is necessary before a SAP Liaison will provide a screening.

#### **What occurs following the liaison screening?**

Following the SAP screening, the SAP Liaison will make every effort to contact the family to offer suggestions and provide recommendations. The SAP Team will be provided a general overview of the recommendations provided to the family.

#### **What are some examples of outcomes or recommendations following a screening?**

Examples of a recommendation might be an assessment for Behavioral Health or Drug & Alcohol. Also, the SAP Liaison may suggest other community services such as case management services or a parent mentoring program.

#### **What recommendation information can be shared with the district?**

Only general information is provided to the SAP Team for the SAP records. These files are only available to members of the SAP Team and the student/parent upon request.

