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PA HEALTH AND HUMAN SERVICES RESOURCE GUIDE • PAGE 2
PA’s Health and Human Services Call Center

ONE call connects you to ALL of these resources for your household’s information and referral needs.

Monday to Friday - 7 a.m. to 7 p.m

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<th>Service</th>
<th>Number(s)</th>
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<td>Brain Injury</td>
<td>1-866-412-4755</td>
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<td>Falls prevention, shaken baby syndrome, school &amp; work return</td>
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<td>1-800-986-2229</td>
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<td>Newborn screening, immunizations and more</td>
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<tr>
<td>Healthy Baby</td>
<td>1-800-986-KIDS</td>
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<td>1-800-986-5437</td>
<td>Medical Assistance eligibility prescreening (MA)</td>
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<td>Facility Complaints</td>
<td>1-800-254-5164</td>
<td>Concerns with the care of a resident in a nursing home or hospital</td>
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<td>Complaints about care in government-regulated facilities</td>
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<tr>
<td>Lead Information</td>
<td>1-800-440-LEAD</td>
<td>Lead poisoning prevention for pregnant women and children</td>
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<tr>
<td></td>
<td>1-800-440-5323</td>
<td>Publications for residents, landlords and contractors</td>
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<td>Lead abatement training and information</td>
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<tr>
<td>Long Term Living</td>
<td>1-866-286-3636</td>
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<td>Financial planning, ombudsmen, living at home &amp; more</td>
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<td>Special Kids Network</td>
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<td>Chronic behavioral, medical, emotional or developmental conditions</td>
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<td>System of Care</td>
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<td>Accessible and inclusive recreation, assistive technologies</td>
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<tr>
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<td>Community assistance to address local service gaps</td>
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<td></td>
<td>1-877-232-7640</td>
<td>TTY for all toll-free lines</td>
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• Order publications, search the health & human services database,
  use Live Chat: www.HelpinPA.state.pa.us
• Language Line and bilingual representatives
• www.Facebook.com/HelpinPA

Made possible through a partnership of Pennsylvania’s departments of Aging, Health, Insurance and Public Welfare under a contract with the Department of General Services.
Compass is the simple and fast way to apply online for social services offered by the Commonwealth. With the click of a button, you can learn about services, see if you qualify for programs, apply for those services and reapply when it’s time for renewal. Visit www.COMPASS.state.pa.us to try it out.

You can use COMPASS for the following programs/services. More information about these services is available on the pages that follow.

- Health care Coverage
  - Medical Assistance – page 24
  - Medical Assistance for Workers with Disabilities – page 24
  - Children’s Health Insurance Program (CHIP) – page 6
- SelectPlan for Women – page 29
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- Long-Term Living Services - pages 32 and 34
- Low-Income Home Energy Assistance Program – page 22
- National School Lunch and School Breakfast Program – page 14
- Mental Retardation Services (Non-Medical Assistance) – page 27

All COMPASS applications are available in English and Spanish. Look for the COMPASS symbol throughout this guide for programs accessible through COMPASS.
CASH ASSISTANCE

GENERAL ASSISTANCE (GA)
Department of Public Welfare

GA provides money and other services primarily to eligible single individuals and childless couples who do not have enough income to meet their needs as a result of circumstances that prevent them from working.

Contact: Local county assistance office or PA DPW Helpline
Phone: See county assistance office listing at the end of this guide.
PA DPW Helpline: 1-800-692-7462
Website: http://www.dpw.state.pa.us click on: For Adults
Apply Online: www.COMPASS.state.pa.us

REFUGEE CASH ASSISTANCE PROGRAM
Department of Public Welfare

Cash Assistance may be available under the Refugee Cash Assistance (RCA) program for refugees who do not meet Temporary Assistance for Needy Families (TANF) eligibility requirements. Refer to www.refugeesinpa.org for a description of who qualifies as a refugee. RCA is a federally-funded cash assistance program that may be provided for eight months from the date of entry into the United States; asylees for eight months from the date asylum is granted; and Afghans and Iraqis with Special Immigrant Visas (SIVs) for eight months from the date the SIV is granted if granted after entry into the U.S. or the date of arrival to the U.S. if SIV is granted prior to entry.

Contact: Refugee Cash Assistance Program or PA DPW Helpline
Phone: 717-787-8608
PA DPW Helpline: 1-800-692-7462
Website: www.refugeesinpa.org

STATE BLIND PENSION PROGRAM
Department of Public Welfare

Provides blind pension benefits for certain residents of Pennsylvania who meet visual requirements and other conditions of eligibility. Benefits include a cash payment and medical benefits.

Contact: Local county assistance office or PA DPW Helpline
Phone: See county assistance office listing at the end of this guide.
PA DPW Helpline: 1-800-692-7462
Website: http://www.dpw.state.pa.us click one: For Adults
Apply Online: www.COMPASS.state.pa.us
CASH ASSISTANCE (continued)

TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF)
Department of Public Welfare

Provides money and other services for eligible dependent children who are deprived of financial support as a result of death, absence, incapacity or unemployment of one or both of their parents.

Contact: Local county assistance office or PA DPW Helpline
Phone: See county assistance office listing at the end of this guide.
PA DPW Helpline: 1-800-692-7462
Website: http://www.dpw.state.pa.us
Click on: For Adults
Apply Online: www.COMPASS.state.pa.us

CHILD HEALTH AND SAFETY

CHILDREN’S HEALTH INSURANCE PROGRAM (CHIP)
Insurance Department

Offers health insurance to all uninsured children and teens who are not eligible for or enrolled in Medical Assistance. No family makes too much money for CHIP because there is no income limit.

CHIP’s comprehensive benefit package includes doctor visits, dental, eye exams and glasses, prescriptions and immunizations, and much more. There are three easy ways to apply for CHIP—online, over the phone or with a paper application.

Contact: CHIP
Phone: 1-800-986-KIDS (1-800-986-5437) – Health & Human Services Call Center
or
TTY 1-877-232-7640
Website: www.ChipCoversPAKids.com
Apply Online: www.COMPASS.state.pa.us
LEAD POISONING PREVENTION PROGRAM
Department of Health

LEAD HAZARD CONTROL PROGRAM Helps to create lead-safe homes for low-income families with children age six and under through lead hazard risk assessments and lead hazard control activities.

CHILDHOOD LEAD POISONING PREVENTION PROGRAM (CLPPP)
Offers blood-lead screen and follow-up tests for children age six and under, with a focus on those children at highest risk for lead poisoning (for example, children who reside in homes built before 1978). Also provides:

- Referral for diagnostic services and medical treatment
- Assessment of environmental lead hazards when there is a confirmed case of lead poisoning
- Community, professional and parent education regarding the hazards of lead poisoning

Contact: Lead Information Helpline
Phone: 1-800-440-LEAD (1-800-440-5323)
Health & Human Services Call Center

PA NEWBORN SCREENING SERVICES
Department of Health

Provides screening services to identify disorders in newborns, including two tests:

- Hearing loss
- Blood spot (heel prick) from newborns to detect metabolic or genetic conditions that cause serious medical problems, brain damage or death.

Early detection, diagnosis and treatment can prevent permanent disability, severe mental retardation, life-threatening complications and death.

Contact: Newborn Screening Services
Phone: 1-800-986-BABY (1-800-986-2229) Health & Human Services Call Center
Website: www.health.state.pa.us/newbornscreening or www.HelpInPA.state.pa.us
SUDDEN INFANT DEATH SYNDROME (SIDS)/INFANT DEATH SERVICES
Department of Health

Provides services to reduce the incidence of SIDS through a public education campaign and to support families affected by sudden infant death. Services provided include:

- Information and referral
- Follow-up contacts to families who experience an infant death
- Education and consultation to health care providers

Contact: Bureau of Family Health, Division of Child and Adult Health Services
Phone: 717-772-2762 or 1-877-PA-HEALTH (1-877-724-3258)
Website: www.health.state.pa.us/pasids

CHILD PROTECTION AND PLACEMENT

ADOPTION PROGRAMS
Department of Public Welfare

Brings foster children (who need permanent families) together with families (who have been approved to adopt). Brings together all of the adoption process parties and supports families and children before, during and after the adoption process.

Contact: Statewide Adoption and Permanency Network (SWAN), Pennsylvania Adoption Exchange (PAE)
Phone: 1-800-585-SWAN (1-800-585-7926)
Website: www.adoptpakids.org

CHILDLINE ABUSE HOTLINE
Department of Public Welfare

Available 24 hours to receive reports of suspected child abuse. Callers may remain anonymous if they choose.

Contact: Childline Abuse Hotline
Phone: 1-800-932-0313
Website: http://www.dpw.state.pa.us Click on: For Children
FOSTER CARE
Department of Public Welfare

Provides temporary care for children who are unable to remain in their own homes and are placed in the custody of the county children and youth agency by the courts. Foster parents are individuals who are committed to providing a safe, temporary home for children who have been abused, neglected and/or are unable to remain living in their own homes.

Contact: Pennsylvania State Resource Family Association
Phone: 1-800-951-5151
Website: http://www.dpw.state.pa.us Click on: For Children or www.psrfa.org

EARLY CARE AND EDUCATION FOR CHILDREN

CHILDCARE SUBSIDY
Departments of Public Welfare and Education

Helps eligible working parents pay for childcare expenses. Provides information and counseling to all parents regarding early childhood education services that are available in their communities.

Contact: Childcare Works
Phone: 1-877-4-PA-KIDS (1-877-472-5437)
Website: http://www.dpw.state.pa.us Click on: For Children

EARLY CHILDHOOD EDUCATION PROFESSIONAL DEVELOPMENT
Departments of Public Welfare and Education

Provides low-cost professional development to early childhood education staff in childcare centers, group homes, family childcare homes; relative/neighbor caregivers; Head Start staff; and other Early Childhood Education staff working in other settings. Opportunities include workshops, conferences and college courses to enhance all levels of professional development with a focus on improving credentials of early childhood staff. Online professional development calendar and registration available as well as an 800 customer service phone line.

Contact: PA Keys
Phone: 1-800-284-6031
Website: www.pakeys.org
KEystone STARS – Quality Early Learning
Departments of Public Welfare and Education

Keystone STARS is an initiative to improve, support and recognize the continuous quality improvement efforts of early learning programs in Pennsylvania. The Keystone STARS Performance Standards address staff qualifications and professional development, the early learning program, partnerships with family, community, leadership and management. Participants in the Keystone STARS program whose facility serves at least five percent of low-income children are eligible to receive financial resources and technical assistance to strengthen their quality of services. Parents can recognize higher quality early learning programs by looking for programs with more STARS.

Contact: Office of Child Development and Early Learning
Phone: 717-346-9320
Website: www.pakeys.org

Online Childcare Provider Search
Departments of Public Welfare and Education

Find out about early learning services in PA and search for an Early Childhood program such as Keystone STARS Childcare program, PA Pre-K Counts, Head Start, Nurse Family Partnership etc.

Contact: Office of Child Development and Early Learning
Phone: 717-346-9320
Website: http://www.dpw.state.pa.us Click on: For Children

Early Intervention
Departments of Public Welfare and Education

Provides services for children from birth to age five who have or are at risk of having disabilities/developmental delays and their families. Early Intervention enhances family/caregiver/educator relationships with children by building on their strengths and strives to maximize the experiences, opportunities and resources within the routines and activities unique to each family and community. Early Intervention offers individualized services such as parent education, developmental therapy and other support services to meet the needs of children who have developmental delays and their families.

Contact: CONNECT Helpline
Phone: 1-800-692-7288
Website: http://www.dpw.state.pa.us Click on: For Children
EARLY CARE AND EDUCATION FOR CHILDREN (continued)

CHILDCARE CERTIFICATION
Departments of Public Welfare and Education

Regulates and enforces the minimum health and safety standards for childcare programs. Certifies and inspects childcare centers and group childcare homes and registers and inspects family childcare homes. Regional Child Development Offices can provide information on a childcare program’s certification/registration status and complaints that may have been made against them.

Contact: Regional child development office
Phone: see web link for contact information
Website: http://www.dpw.state.pa.us Click on: For Provider

EARLY HEAD START PROGRAM
Department of Public Welfare

Early Head Start provides services to expectant mothers, infants and toddlers up to age three years. Enrollment is prioritized for families whose income is at or below 100 percent of the Federal Poverty Guidelines. In addition to child development, Head Start also focuses on parent involvement, family partnerships, health, safety and nutrition. Programs offer classroom or home visits or a combination of both. Pennsylvania supplements federal funds to four grantees to add additional enrollment opportunities or extend services to enrolled children.

Contact: Local program’s enrollment office
Phone: 1-866-763-6481
Website: http://www.dpw.state.pa.us Click on: For Children

HEAD START PROGRAM
Department of Education

Head Start provides services to children age three to five years and their families. Enrollment is prioritized for families whose income is at or below 100 percent of the Federal Poverty Guidelines. In addition to specializing in child development, Head Start also focuses on parent involvement, family partnerships, health, safety and nutrition. Programs offer classroom visits, home visits or a combination of both.

Pennsylvania supplements the federal funds to 48 grantees to add additional enrollment opportunities or extend services to enrolled children.

Contact: Local program’s enrollment office
Phone: 1-866-763-6481
Website: http://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices
NURSE-FAMILY PARTNERSHIP (NFP)
Departments of Public Welfare and Education

Provides services to low-income, first-time parents to help them have healthy pregnancies, learn how to take good care of their babies and make plans for the future. Registered nurses provide home visits to first-time pregnant mothers who are predisposed to infant health and developmental problems. NFP is designed for pregnant women who are first-time mothers; enroll by the 28th week of pregnancy; and participate in the program until their child is two years of age.

Contact: Local program office  
Website: http://www.nursefamilypartnership.org

PA PRE-K COUNTS
Departments of Public Welfare and Education

Provides high quality pre-kindergarten opportunities to three- and four-year-olds at no cost to families. Children from age three until the entry age for kindergarten are eligible to apply. PA Pre-K Counts is targeted to children at risk of school failure, either because of income, language (English is not the first language), or special needs issues.

Contact: Enrollment office at local programs  
Website: www.papromiseforchildren.com

PARENT CHILD-HOME PROGRAM
Departments of Public Welfare and Education

Provides a home visitor to help parents learn how to read and play with their children in a way that promotes early learning and builds a positive parent-child bond. Families of at-risk children who enroll their children between 18 months and two years of age and participate for two years are eligible. There is no cost to families.

Contact: Local program office  
Website: http://www.parent-child.org
CHILD AND ADULT CARE FOOD PROGRAM  
Department of Education  
Provides meals and snacks to eligible participants in licensed non-profit or for-profit non-residential family and group daycare homes, child or adult daycare centers. Meals and snacks must meet healthy nutrition requirements.  
Contact: Your child or adult care provider  
Website: www.education.state.pa.us

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)  
Department of Agriculture  
Provides a box of food each month to eligible women, children, infants and seniors who are nutritionally at risk.  
Contact: PA Bureau of Food Distribution  
Phone: 1-800-468-2433  
Website: www.agriculture.state.pa.us

FARMERS MARKET NUTRITION PROGRAM (FMNP)  
Department of Agriculture  
Provides qualified senior citizens as well as Women, Infants and Children (WIC) recipients with checks to purchase fresh fruits and vegetables at approved farm markets and farm stands in Pennsylvania.  
Contact: PA Bureau of Food Distribution  
Phone: 1-800-468-2433  
Website: www.agriculture.state.pa.us (senior citizens) or www.agriculture.state.pa.us (WIC)

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)  
Department of Public Welfare  
Previously known as the Food Stamp Program, SNAP provides assistance to those who have sufficient income to meet most of their basic living costs but still need help to supplement food expenses.  
Contact: Local county assistance office or PA DPW Helpline  
Phone: See county assistance listing at the end of this guide.  
PA DPW Helpline: 1-800-692-7462  
Website: http://www.dpw.state.pa.us  
Click on: For Adults  
Apply Online: www.COMPASS.state.pa.us
NATIONAL SCHOOL LUNCH AND SCHOOL BREAKFAST PROGRAMS
Department of Education

Provides free and reduced-price meals to low-income children in participating public and non-public schools. Meals must meet federal nutrition standard requirements. Families can apply for free or reduced price school meals using a paper application, which is distributed by participating schools at the beginning of the school year, or by completing an electronic application in COMPASS.

Contact: Local school district or non-public school
Website: www.education.state.pa.us
Apply Online: www.COMPASS.state.pa.us

PENNSYLVANIA NUTRITION EDUCATION TRACKS (PA TRACKS)
Department of Public Welfare

Provides nutrition education to adults, seniors, school-aged children and preschool children who are eligible or potentially eligible for the Supplemental Nutrition Assistance Program (SNAP), formerly known as the Food Stamp Program. TRACKS promotes the consumption of recommended daily amounts of fruits and vegetables, the use of the USDA’s MyPyramid Food Guidance system and the Dietary Guidelines for Americans to make healthy food choices and healthy lifestyles that incorporate physical activity and support a healthy weight.

Contact: Pennsylvania Nutrition Education TRACKS
Phone: 814-863-0074
Website: www.panutritiontracks.org

SIMPLY DELICIOUS - SIMPLY NUTRITIOUS PROGRAM
Department of Agriculture

Promotes Pennsylvania produce at grocery stores and farm markets statewide. The Simply Delicious logo indicates fresh, locally-grown produce.

Contact: Simply Delicious – Simply Nutritious, Department of Agriculture, Bureau of Market Development
Phone: 717-787-6901
Website: www.agriculture.state.pa.us
SUMMER FOOD SERVICE PROGRAM
Department of Education

Provides breakfasts, lunches and snacks for children at nutrition sites in low-income areas during the summer months when school is no longer in session. Eligible sponsors include public and non-public schools, non-profit organizations and units of local government.

Contact: Summer Food Service Program
Phone: 1-800-331-0129
Website: www.education.state.pa.us

THE EMERGENCY FOOD ASSISTANCE PROGRAM (TEFAP)
Department of Agriculture

Provides assistance to low-income individuals with commodities, which are provided to counties for distribution to food pantries, soup kitchens, shelters and other agencies that provide food assistance to needy individuals.

Contact: PA Bureau of Food Distribution
Phone: 1-800-468-2433
Website: www.agriculture.state.pa.us

WOMEN, INFANTS AND CHILDREN (WIC) NUTRITION PROGRAM
Department of Health

WIC provides services to pregnant, breastfeeding and postpartum women and children under age five. A family of four may earn up to $40,793 and be income-eligible for WIC. WIC is an equal opportunity provider.

Services include:
• Nutrition education and counseling
• Breastfeeding information and support
• Referrals to health care and community services
• Checks/vouchers for the purchase of healthy foods including milk, juices, peanut butter, cheese, eggs, dried beans/peas, cereal, infant formula and tuna fish. On October 1, 2009, food packages were revised to include new foods such as baby vegetables, fruits and meats; whole grains, canned beans, vegetables, fruits and soy alternatives.

Contact: WIC Toll-free Hotline
Phone: 1-800-WIC-WINS (1-800-942-9467)
Website: http://www.portal.state.pa.us/portal/server.pt/community/women, infants___children_(wic)/14204
ARTHITIS PROGRAM
Department of Health

Approximately one-third of Pennsylvania adults are affected by arthritis and other rheumatic diseases. Pennsylvania Arthritis Foundation Chapters offer educational sessions and opportunities to enroll in the following self-management programs:

- Arthritis Foundation Self-Help Program
- Chronic Disease Self Management Course
- Arthritis Foundation Aquatics Program
- Arthritis Foundation Exercise Program

Contact: Arthritis Program
Western PA Chapter
Phone: (412) 566-1645
Website: www.arthritis.org/chapters/western-pennsylvania/

Central PA Chapter
Phone: (717) 763-0900
Website: www.arthritis.org/chapters/central-pennsylvania/

Eastern PA Chapter
Phone: (215) 574-3060
Website: www.arthritis.org/chapters/eastern-pennsylvania

ASTHMA CONTROL PROGRAM
Department of Health

Provides information and resources to Pennsylvanians about asthma, a chronic disease of the lungs that affects 11 percent of children, zero to 17 years, and nine percent of adults. Offers information on how asthma attacks can be prevented.

Contact: Asthma Control Program
Phone: 1-877-PA-HEALTH (1-877-724-3258)
Website: www.health.state.pa.us/asthma
CHRONIC RENAL DISEASE PROGRAM (CRDP)
Department of Health

Provides life-saving care and treatment for eligible children and adults with end-stage renal disease and offers services such as:

- Dialysis
- Renal transplantation
- Medical management
- In-patient and out-patient services
- Home dialysis supplies and equipment
- Medications
- Patient transportation

Contact: Chronic Renal Disease Program
Phone: 717-772-2762
Website: www.health.state.pa.us/chronicrenalprogram

DIABETES PREVENTION AND CONTROL PROGRAM
Department of Health

Provides information and resources about diabetes, a chronic and life-threatening disease that affects approximately nine percent (more than 863,000) of Pennsylvanians.

Contact: Diabetes Prevention and Control Program
Phone: 1-877-PA-HEALTH (1-877-724-3258)
Website: www.health.state.pa.us/diabetes

HEALTHYWOMAN PROGRAM
Department of Health

Provides free breast and cervical screening for eligible women. If you are 40 to 64 years of age, have no insurance or limited coverage and have low to moderate household income (for example, if a family of four has a monthly income of less than 250% of Federal Poverty Income guideline), you may be eligible for free mammograms and Pap tests. Free treatment is also available through the Pennsylvania Department of Public Welfare’s Breast and Cervical Cancer Prevention & Treatment (BCCPT) Program.

Contact: HealthyWoman Program
Phone: 1-800-215-7494 (voice) or 1-800-332-8615 (TTY)
Website: www.PAHealthyWoman.com
HEART DISEASE AND STROKE PROGRAM
Department of Health

Provides resources and information about heart disease, which is the number one killer of both women and men in Pennsylvania. Also provides information about stroke, which is the third leading cause of death and a major cause of adult disability.

Contact: Heart Disease and Stroke Program
Phone: 1-877-PA-HEALTH (1-877-724-3258)
Website: www.health.state.pa.us/heartdisease

HEPATITIS PROGRAMS
Department of Health

PERINATAL HEPATITIS B PREVENTION PROGRAM
Provides hepatitis B vaccine for infants and individuals in frequent, close contact with hepatitis B virus–infected pregnant women.

HEPATITIS B VACCINATION FOR HIGH-RISK ADOLESCENTS AND ADULTS
Provides hepatitis A, hepatitis B and combination hepatitis A and B vaccines for clients 11 years of age and older who are at risk.

Contact (Both Programs): 1-877-PA-HEALTH (1-877-724-3258)
Website (Both Programs): www.health.state.pa.us/immunizations

HIV/AIDS PROGRAM
Department of Health

Provides HIV prevention and care services throughout Pennsylvania for individuals infected with and affected by HIV disease and for those at-risk for contracting HIV. Offers programs and resources to prevent disease and change high-risk behavior, as well as provide resources for sustaining preventative behavior and avoiding infection. Services provided include free counseling and testing, casework, housing assistance, access to medications, emergency medical care and education materials.

Contact: AIDS Counseling and Testing
Phone: 1-800-662-6080
Website: www.health.state.pa.us/hiv
IMMUNIZATION PROGRAMS
Department of Health

Provides resources and information about vaccine-preventable diseases, provides vaccines for specific diseases that affect infants, children, adolescents and adults. Offers the following services:

- Educational materials
- Ongoing disease surveillance
- Enforcement of school and childcare immunization regulations
- Disease investigation
- Assessment of immunization coverage levels
- Registry and tracking systems
- Outbreak control interventions

Contact: Immunization Programs
Phone: 1-877-PA-HEALTH (1-877-724-3258)
Website: www.health.state.pa.us/immunizations

VACCINES FOR CHILDREN (VFC) PROGRAM

Provides vaccines free of charge to public and private providers for eligible children. Children ages 18 and younger are eligible if they are enrolled in Medical Assistance, are without insurance or are American Indian or Alaskan Native. Children with health insurance that does not cover vaccination are also eligible to receive VFC vaccines at public clinic sites.

VIOLENCE AND INJURY PREVENTION PROGRAM
Department of Health

Provides resources and information to encourage Pennsylvanians to practice safety and reduce their risk of injury. The top causes of preventable injuries that lead to hospitalization and death are motor vehicle crashes, poisonings, falls, suffocations, fires/burns and drowning.

Contact: Violence and Injury Prevention Program
Phone: 1-877-PA-HEALTH (1-877-724-3258)
Website: www.health.state.pa.us/injuryprevention
HEALTH AND SAFETY (continued)

OBESITY PREVENTION AND WELLNESS PROGRAM
Department of Health

The Program provides education on the benefits of maintaining a healthy weight, nutrition and physical activity, such as: reduced risk of chronic disease; decreased bone loss; increased energy; ability to manage stress; and improved sleep. The Program promotes a healthy diet and daily physical activity for all Pennsylvanians per the U.S. Department of Health and Human Services (HHS), Physical Activity Guidelines for Americans and U.S. Department of Agriculture and HHS, Dietary Guidelines for Americans.

Contact: Obesity Prevention and Wellness Program
Phone: 1-877-PA-HEALTH (1-877-724-3258)
Website: www.health.state.pa.us/obesity

ORAL HEALTH PROGRAM
Department of Health

Provides resources and information about oral health. Dental disease is the most common chronic disease in children and it is almost totally preventable.

Contact: Oral Health Program
Phone: 1-877-PA-HEALTH (1-877-724-3258)
Website: www.health.state.pa.us/oralhealth

SEXUALLY TRANSMITTET DISEASES (STD) PROGRAM
Department of Health

Provides free, confidential testing for sexually transmitted diseases such as chlamydia, HIV, gonorrhea and syphilis. Also provides treatment, education, surveillance and resources to prevent and intervene in the transmission of STDs.

Contact: STD Program
Phone: 1-877-PA-HEALTH (1-877-724-3258)
Website: www.health.state.pa.us/std

SICKLE CELL DISEASE PROGRAM
Department of Health

Provides comprehensive medical treatment and psychosocial services, care coordination and education to children and adults with sickle cell disease.

Contact: Sickle Cell Disease Program
Phone: 717-772-2762
Website: http://www.portal.state.pa.us/portal/server.pt/community/sickle_cell/17329

PENNSYLVANIA CANCER EDUCATION NETWORK
Department of Health

Provides public education about colorectal, prostate, ovarian and all types of skin cancers. In 2006, colorectal, prostate, ovarian and melanoma of the skin cancers accounted for approximately 30 percent of invasive cancers diagnosed in Pennsylvania. Free, community-based education focuses on the importance of cancer prevention and early detection in all 67 counties. Presentations are arranged to fit organization’s schedule and can range from brief 20-minute lectures to expanded seminars addressing one or more of these cancers.

Contact: Comprehensive Cancer Control Section
Phone: 1-877-PA-HEALTH (1-877-724-3258)
Website: www.health.state.pa.us/cancer

TUBERCULOSIS (TB) PROGRAM
Department of Health

Provides education, resources and testing for tuberculosis. Encourages individuals belonging to high-risk groups to be tested. High-risk groups include those with HIV, intravenous drug users, foreign-born persons from TB-prevalent countries and especially those who have come in close contact with individuals with infectious tuberculosis.

Contact: Tuberculosis Program
Phone: 1-877-PA-HEALTH (1-877-724-3258)
Website: www.health.state.pa.us/tb

HOUSING AND UTILITIES

HOMELESS ASSISTANCE PROGRAM (HAP)
Department of Public Welfare

Offers services to help prevent homelessness, help people who are homeless to find refuge and care and assist clients in moving toward self-sufficiency.

Contact: Local HAP Helpline
Phone: See county assistance listing at the end of this guide.
Website: http://www.dpw.state.pa.us Click on: For Adults
LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)
Department of Public Welfare

Helps low-income households meet their home heating needs via energy-assistance grants. Assistance can take the form of cash benefits to assist with heating bills, crisis benefits to resolve heating emergencies and weatherization/energy conservation assistance to provide long-range solutions.

Contact: LIHEAP
Phone: 1-866-857-7095
Website: www.staywarmpa.com
Local Contact: See county assistance office listing at the end of this guide.
Stay Warm Helpline: 1-866-550-4355
Apply Online: www.COMPASS.state.pa.us

PROPERTY TAX/RENT REBATE PROGRAM
Pennsylvania Department of Revenue/Pennsylvania Lottery

The Property Tax/Rent Rebate program benefits eligible Pennsylvanians age 65 and older; widows and widowers age 50 and older; and people with disabilities age 18 and older.
The 2006 Program expansion increased the income limit from $15,000 to $35,000 (which excludes half of Social Security income) for homeowners and raises the maximum standard rebate for both homeowners and renters from $500 to $650. The income limit for renters is $15,000.

Contact: Property Tax/Rent Rebate Hotline
Phone: 1-888-222-9190
Website: www.papropertytaxrelief.com

WEATHERIZATION
Department of Community and Economic Development

Provides assistance to low-income individuals and families to reduce their energy costs while safeguarding their health and safety. Priority given to those low-income residents at higher risk, including older adults, individuals with disabilities and families with children.

Contact: Stay Warm Helpline
Phone: 1-866-550-4355
Website: www.staywarmpa.com
AIDS WAIVER
Department of Public Welfare

Provides services that are not paid for under the Medical Assistance program to eligible persons with AIDS or Symptomatic HIV Disease. Offers programs to persons 21 or older with AIDS/HIV home health care services, nutritional consultation, nutritional supplements and specialized medical equipment and supplies.

Contact: AIDS Waiver
Phone: 717-705-8886
Website: http://www.dpw.state.pa.us Click on: For Adults

COMPREHENSIVE SPECIALTY CARE PROGRAM
Department of Health

Provides comprehensive services to children with spina bifida, hemophilia, cardiac disorders, cleft palate, orthopedic and neuromuscular conditions, as well as those with hearing and speech impairment and ventilator dependency. Also offers comprehensive services to children and adults with Cooley’s anemia, cystic fibrosis. Direct payment for services is available to enrolled clients per a fee schedule.

Contact: Comprehensive Specialty Care Program
Phone: 717-772-2762
Website: www.health.state.pa.us/familyhealth

MEDICAL ASSISTANCE
Department of Public Welfare

Provides payment for health care services on behalf of eligible low-income individuals and individuals with limited income and high medical expenses.

Contact: Medical Assistance
Phone: 1-800-986-5437 – Health & Human Services Call Center
Website: http://www.dpw.state.pa.us Click on: For Adults
or www.HelpInPA.state.pa.us
Local Contact: Local county assistance office; see county listing at the end of this guide.
PA DPW Helpline: 1-800-692-7462
Apply Online: www.COMPASS.state.pa.us
MEDICAL ASSISTANCE TRANSPORTATION PROGRAM (MATP)
Department of Public Welfare

Provides transportation to medical services for Medical Assistance (MA) consumers who do not have other transportation available to them. The transportation services may include any of the following:

- Tickets or tokens to ride public transportation
- Mileage reimbursement for use of a private car
- Paratransit services (for example, in a van)

Contact: Local MATP provider
Phone: See county listing at the end of this guide.
PA DPW Helpline: 1-800-692-7462
Website: www.matp.pa.gov
Phone: 1-800-986-5437 – Health & Human Services Call Center

MEDICAL ASSISTANCE FOR WORKERS WITH DISABILITIES (MAWD)
Department of Public Welfare

Provides individuals with disabilities the opportunity to enter and remain in the workforce while receiving Medical Assistance coverage. Eligible individuals pay a monthly premium to receive MAWD.

Contact: Medical Assistance for Workers with Disabilities
Website: www.dpw.state.pa.us. Click on: Disability Services or www.HelpInPA.state.pa.us
Apply Online: www.COMPASS.state.pa.us
PA DPW Helpline: 1-800-692-7462
Local Contact: Local county assistance office; see county listing at the end of this guide.
SPECIAL PHARMACEUTICAL BENEFITS PROGRAM (SPBP)
Department of Public Welfare

SPBP 1: Helps eligible low- and moderate-income individuals and families pay for specific drug therapies and laboratory tests used for the treatment of persons with HIV/AIDS

Contact: Special Pharmaceutical Benefits Program (for HIV diagnosis)
Phone: 1-800-922-9384
Website: www.dpw.state.pa.us/SPBP

SPBP 2: Helps eligible low- and moderate-income individuals and families pay for specific drug therapies and laboratory tests used for the treatment of persons with a DSM-IV diagnosis for schizophrenia.

Contact: Special Pharmaceutical Benefits Program (for Schizophrenia diagnosis)
Phone: 1-877-356-5355
Website: www.dpw.state.pa.us/SPBP

MENTAL HEALTH AND ADDICTION

BEHAVIORAL HEALTH SERVICES
Department of Public Welfare

Provides services to help children, adolescents and adults to remain in their communities, including services for individuals with both mental health and substance abuse disorders. Provides services through community and hospital programs, including outpatient, partial, residential, short-term in-patient hospital care; emergency crisis intervention services; counseling, information, referral and case management services.

Contact: Behavioral Health Services
Phone: 717-787-6443
Local Contact: Local county MH/MR; see county listing at the end of this guide.
Website: www.dpw.state.pa.us/OMHSAS

CHILD AND ADOLESCENT SERVICE SYSTEM PROGRAM (CASSP)
Department of Public Welfare

Provides community outreach services, including home and community behavioral health services. Also provides family-based rehabilitation services and residential treatment services for children/adolescents with serious emotional disturbances.
Contact: Child and Adolescent Service System Program
Phone: 717-787-1587
MENTAL HEALTH AND ADDICTION (continued)

DRUG AND ALCOHOL PROGRAM
Department of Health

Develops and implements programs for the prevention, intervention, treatment and case management of drug and alcohol abuse and dependence. Programs are implemented and services are provided through grant agreements with the 49 Single County Authorities (SCAs) who, in turn, contract with private service providers. SCAs provide administrative oversight to the local contracted programs, funded with state and Substance Abuse Prevention and Treatment Block Grant funds. The Bureau of Drug and Alcohol Programs also conducts statewide training programs for persons employed in community-based drug and alcohol programs.

Contact: Drug and Alcohol Program
Phone: 1-877-PA-HEALTH (1-877-724-3258)
Website: www.health.state.pa.us/bdap

TOBACCO PREVENTION AND CESSATION PROGRAM
Department of Health

Provides free resources to assist Pennsylvanians in the effort to quit tobacco use. When compared with tobacco users who try to quit on their own, tobacco users who make quit attempts with telephone support and self-help advice are approximately twice as likely to be successful. The ‘Determined To Quit’ Website provides additional resources and contact information for community-based programs.

Contact: PA Free Quitline
Phone: 1-800-QUIT NOW (1-800-784-8669) or 1-866-228-4327 (TTY)
Website: www.DeterminedToQuit.com

GAMBLING (PROBLEM AND COMPULSIVE)
Department of Health

The Bureau of Drug and Alcohol Programs develops programs related to public education, awareness and training regarding compulsive and problem gambling, as well as the treatment and prevention of compulsive and problem gambling. In addition, the Bureau of Drug and Alcohol Programs provides mini-grants to qualified individuals, agencies and organizations for the purpose of educating and increasing public awareness in local communities about problem gambling and the availability of treatment. To apply for Mini-Grants, contact the Bureau of Drug and Alcohol Programs at (717) 783-8200

Contact: Gambling Addiction Treatment Hotline
Phone: 1-877-565-2112
Website: www.health.state.pa.us/gambling
INTELLECTUAL DISABILITY SERVICES
Department of Public Welfare

Provides a wide array of services and support for people with mental retardation, including the following:

- Transportation
- Community residential services in family living settings, single apartments with a roommate and group homes
- Support in the person’s home or his/her family home
- Day services, including supported employment, vocational training and day habilitation
- Home and vehicle adaptations
- Respite care

Contact: Office of Developmental Programs
Phone: 1-888-565-9435
Local Contact: Local county MH/MR; see county listing at the end of this guide.
Website: http://www.dpw.state.pa.us Click on: For Adults

LEGAL SERVICES
Department of Public Welfare

Assists Pennsylvania residents who need help with a civil, not criminal, legal matter and cannot afford an attorney.

Contact: Pennsylvania Legal Services
Phone: 1-800-322-7572
Website: http://www.dpw.state.pa.us Click on: For Adults

ORGAN DONATION
Department of Health

Increase organ and tissue donation designations by means of education and public awareness activities. Individuals who wish to become organ donors can sign up online at www.donatelifepa.org or check “yes” for organ and tissue donation when renewing a driver’s license, learner’s permit or photo identification card. In Pennsylvania, there are over 7,100 people who are waiting for life-saving organ transplants. By saying yes to organ and tissue donation, you can potentially save and enhance the lives of up to 50 people.

Contact: Organ Donation Program
Phone: 1-877-PA-HEALTH (1-877-724-3258)
Website: www.donatelifepa.org
ALTERNATIVES TO ABORTION
Department of Public Welfare

Offers free, caring, confidential and life-affirming options to abortion. Available to individuals who are involved in an unplanned pregnancy and to parents of infants up to 12 months of age.

Contact: Real Alternatives
Phone: 1-888-LIFEAID (1-888-543-3243)
Website: http://www.dpw.state.pa.us/forfamilies/alternativestoabortionservicesprogram

FAMILY PLANNING PROGRAM
Department of Health, Department of Public Welfare

Family planning in Pennsylvania provides services, information and counseling on health care for women, men and teens. Services are free or low-cost and are always confidential. They include:

• Routine gynecological care
• Pregnancy testing
• Contraceptives
• Cervical cancer exams
• Screening and treatment for sexually transmitted diseases
• Educational counseling

Contact: See regional numbers below for a local family planning agency:

• Southeast PA: 215-985-2600
• Northeast PA: 1-800-367-6347
• Central PA: 717-761-7380
• Western PA: 1-800-215-7494

Website: http://www.selectplanforwomen.com or http://www.dpw.state.pa.us
Click on: For Adults
SelectPlan For Women is a women’s health care program from the state of Pennsylvania that provides:

- Free birth control
- Free Pap tests
- Free Breast exams
- Free emergency contraception
- Free HIV testing and counseling
- Free STD testing and treatment
- Confidential, convenient, quality care
- You get to choose a participating provider

Women 18-44 years of age, who are pregnant, have little or no insurance, are Pennsylvania residents and meet income and other guidelines may qualify.

Contact: SelectPlan for Women
Phone: 1-800-842-2020
Website: www.selectplanforwomen.com

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GENETIC SERVICES PROGRAM
Department of Health

Helps low-income individuals and families learn about birth defects and genetic conditions and the risk of having an infant born with one of these conditions. Services include:

- Genetic screening and counseling
- Education and referral services
- Pre-pregnancy health appraisals

Contact: Genetic Services Program
Phone: 1-800-986-BABY (1-800-986-2229) – Health & Human Services Call Center
Website: http://www.portal.state.pa.us/portal/server.pt/community/genetics/14239 or www.HelpInPA.state.pa.us
LOVE ‘EM WITH A CHECK UP PROGRAM
Department of Health

Assists low-income women and their families in obtaining prenatal care and related health and human services. Provides general information and referral for Medical Assistance, the Children’s Health Insurance Program (CHIP) and adultBasic.

Contact: Healthy Baby Helpline  
Phone: 1-800-986-BABY (1-800-986-2229) – Health & Human Services Call Center  
Website: www.dsf.health.state.pa.us/health/cwp/view.asp?A=179&Q=201057 or www.HelpInPA.state.pa.us

SAFE HAVEN
Department of Public Welfare

Provides a safe option for new mothers not ready for motherhood and their newborn babies—with no questions asked. Young women can take comfort in knowing they don’t need to abandon their babies because there’s a safe alternative. All hospitals in Pennsylvania are safe havens for newborn babies as long as the baby is unharmed and under 28 days old. No one will ask who is dropping off the child or where they live. No one needs to know the woman was pregnant or that a baby was even delivered. Help is also available during pregnancy. A confidential phone number (listed below) is available to explore all options and find additional services.

Contact: Safe Haven  
Phone: 1-866-921-SAFE (1-866-921-7233)  
Website: www.secretsafe.org

SERVICES FOR CHILDREN & ADULTS WITH DISABILITIES

HOME MODIFICATIONS AND ADAPTATIONS
Department of Aging, Department of Community and Economic Development, Department of Labor & Industry, Department of Public Welfare

Provides financial assistance to pay for modifications to make a home accessible for a person with a disability. Assistance is available for projects like ramps, grab bars and stair glides.

Contact: Home Modifications and Adaptations  
Phone: 1-866-286-3636 – Health & Human Services Call Center  
Website: www.HelpInPA.state.pa.us
SPECIAL KIDS NETWORK SYSTEM OF CARE (SKN SOC)
Department of Health
Special Kids Network System of Care

The SKN SOC helps children and youth with special health care needs and their families get the services and support they need in order to thrive in the community and develop to their full potential. If your child has physical, developmental, behavioral or emotional conditions call or visit our website.

The SKN SOC offers:
• Information on health care products, respite care, advocacy, assistive technologies & more.
• Family support in overcoming challenges to ensure children & youth have access to services, education, employment.
• Information about accessible & inclusive recreation & leisure activities.
• Opportunities to have your voice heard by participating in a regional Parent, Youth & Professional Forum.

Contact: SKN System of Care
Phone: 1-877-986-4550 – Health & Human Services Call Center
Website: www.gotoskn.state.pa.us

HEAD INJURY PROGRAM (HIP)
Department of Health

Provides post-acute traumatic brain injury (TBI) rehabilitation services for eligible Pennsylvanians, age 21 and over. Services include:
• Pre-enrollment assistance that helps individuals with TBI access brain injury services
• Pre-admission assessment
• Service plan development
• Case management
• Rehabilitation services such as:
  o Cognitive therapy
  o Physical Therapy
  o Therapeutic Recreation
  o Work Skills Training
• Toll-free Brain Injury Helpline that provides information and referral services
• Brain Injury Resource Library

Contact: Bureau of Family Health, Division of Child and Adult Health Services
Phone: 717-772-2762
Brain Injury Helpline: 1-866-412-4755 – Health & Human Services Call Center
Website: www.health.state.pa.us/headinjuryprogram or www.HelpInPA.state.pa.us
LONG-TERM LIVING SERVICES
Department of Public Welfare

Provides services to allow a person under 60 years of age with physical, mental or other disabilities to live as independently as possible; offers a wide range of assistance, services or devices provided over an extended period of time and designed to meet medical, personal and social needs in a variety of settings or locations.

Services provided in the home cover a wide range of needs, including home health care, personal care (assistance with bathing, dressing, eating, grooming, toileting, etc.), housekeeping, shopping assistance, laundry, caregiver relief, transportation, assistance with routine household chores and home-delivered meals.

Contact: Long-Term Living Helpline
Phone: 1-866-286-3636 – Health & Human Services Call Center
Website: www.ltlinPA.com or www.HelpInPA.state.pa.us
Local Contact: Local county assistance office; see county assistance office listing at the end of this guide.
Apply Online: www.COMPASS.state.pa.us

OFFICE OF VOCATIONAL REHABILITATION (OVR)
Department of Labor & Industry

Helps people with disabilities to get and keep jobs and live independently. Services include counseling and guidance, job training and physical and mental restoration.

Contact: Office of Vocational Rehabilitation
Phone: 1-800-442-6351 (voice) or 1-800-233-3008 (TTY)

ALZHEIMER’S DISEASE AND RELATED DISORDERS
Department of Aging

Provides information on Alzheimer’s disease through its toll free, Long-Term Living Helpline. The helpline provides information on Alzheimer’s disease as well as information on geriatric assessment centers, dementia care units, older adult daily living centers, Alzheimer’s Association chapters and training resources.

Contact: Long-Term Living Helpline
Phone: 1-866-286-3636
Website: www.aging.state.pa.us
APPRISE
Department of Aging

Helps Pennsylvanians understand their Medicare and other health insurance benefits and assists them in making the best decisions. Specially trained APPRISE counselors can answer questions about Medicare, Medicaid, Medigap, long-term care insurance, Medicare Advantage Plans and the new Medicare prescription drug benefit.

Contact: APPRISE
Phone: 1-800-783-7067
Website: www.aging.state.pa.us

AREA AGENCIES ON AGING
Department of Aging

Provides and coordinates services for older Pennsylvanians and has information on transportation, health care, homemaker and personal care services, employment, legal aid and other programs. Agencies also advocate for older adults through the Protective Services and Ombudsman programs.

Contact: Area Agency on Aging
Phone: See county area on aging listing at the end of this guide.

CONSUMER PROTECTION AND OLDER ADULT PROTECTIVE SERVICES
Department of Aging

Protects Pennsylvanians aged 60 and older from abuse, neglect, exploitation and abandonment by providing services to protect their health, safety and welfare. Elder Abuse Hotline is available 24 hours a day to report suspected elder abuse. Also, an ombudsman is available to investigate complaints made by or on behalf of older persons. The Office of Consumer Advocate will assist with problems with utilities, whether they pertain to service, billing or other matters.

Contact: Protective Services - Area Agency on Aging
Phone: 1-800-490-8505 or see county Area Agency on Aging listing at the end of this guide.
Contact: Ombudsman Services – Area Agency on Aging
Phone: 717-783-8975 for State Ombudsman office or see county Area Agency on Aging listings at the end of this guide.
Contact: Office of Consumer Advocate
Phone: 1-800-684-6560
LONG-TERM LIVING (HOME AND COMMUNITY-BASED SERVICES)
Department of Aging, Department of Public Welfare

Provides services to allow adults over the age of 60 with medical, physical and mental disabilities and provides services to persons under 60 years of age with physical, mental or other disabilities to live as independently as possible; offers a wide range of assistance, services or devices that may be provided over an extended period of time and designed to meet medical, personal and social needs in a variety of settings or locations.

Services provided in the home cover a wide range of needs, including home health care, personal care (assistance with bathing, dressing, eating, grooming, toileting, etc.) housekeeping, shopping assistance, laundry, caregiver relief, transportation, assistance with routine household chores and home-delivered meals.

Contact: Area Agency on Aging
Phone: See county listing at the end of this guide.
Contact: Long-Term Living Helpline (Health and Human Services Call Center)
Phone: 1-866-286-3636
Website: www.ltlinpa.com or www.HelpInPA.state.pa.us
Contact: Local county assistance offices or see county assistance office listing at the end of this guide.
Apply Online: www.COMPASS.state.pa.us

PACE/PACENET
Department of Aging, Pennsylvania Lottery

Offers prescription benefits for qualifying Pennsylvania residents 65 years of age or older.

Contact: PACE/PACENET
Phone: 1-800-225-7223
Website: https://PACECares fhsc.com
SHARED RIDE/FREE TRANSIT PROGRAM
Pennsylvania Lottery, Department of Transportation

Available to persons 65 years of age and older. Services include:

- Door-to-door specialized transportation services at a reduced fare
- Free rides on scheduled fixed-route public transit services whenever the local public transit system is operating. Schedules and hours of service are available by contacting the local public transit agency.

Contact: Local public transportation providers for more information. To learn more about available services in your county, or for a description of the program, visit www.PACommutes.com.

TRAUMA / ABUSE

DOMESTIC VIOLENCE SERVICES
Department of Public Welfare

Provides emergency crisis intervention services to individuals who left their homes or consider leaving their homes because of physical assault. Provides emergency and ongoing social services, including:

- 24-hour crisis hotline
- Temporary shelter for victims and victims’ families
- Ongoing individual counseling and support groups
- Referral to other community services
- Advocacy and support services

All services are provided without consideration of the client’s family income.

Also provides prevention education programs to reduce the incidence and lessen the risk of domestic violence in the community at large and community education and professional training on the scope and dynamics of domestic violence.

Appy Online: www.COMPASS.state.pa.us
Contact: Pennsylvania Coalition Against Domestic Violence
Phone: 1-800-537-2238 or 717-545-6400
Local Domestic Violence Center: 1-800-932-4632
Website: www.pcadv.org; click on “Community-Based Programs”
RAPE CRISIS
Department of Public Welfare

Provides emergency crisis intervention services to clients who need help in dealing with the trauma of sexual assault. Offers accompaniment through the police, medical and judicial systems, as well as ongoing supportive counseling to deal with the delayed effects of the sexual assault.

Contact: Rape Crisis
Phone: 1-888-543-PCAR (1-888-543-7227)
Website: http://www.dpw.state.pa.us Click on: For Adults

MENTAL HEALTH AND ADDICTION (continued)

ADULT AUTISM SERVICES
Department of Public Welfare

Provides a wide array of services and supports designed specifically for individuals with an autism spectrum disorder, or ASD. There are two programs available in order to provide choices for adults with autism: the Adult Autism Waiver and the Adult Community Autism Program. Both programs are designed to help adults with an ASD participate in their communities through services based on their identified needs. Additional resources are provided for individuals with autism and their families through grant opportunities, regional collaboratives, and training initiatives. Please contact the Bureau of Autism Services for specific information about its programs, including program eligibility, the application process, services, or provider networks.

Contact: Bureau of Autism Services
Phone: 1-866-539-7689
Website: www.autisminpa.org
PA FAIR CARE
Department of Public Welfare

Pennsylvania’s health plan for uninsured adults with pre-existing health conditions. This temporary plan offers transitional insurance coverage until the broader coverage provisions of federal health insurance reform come to fruition in January 2014. Individuals who are eligible will have a monthly premium, plus an annual deductible and copays for services.

As of July 2011, applications are being accepted for PA Fair Care enrollment, but space in the program may become limited.

Contact: PA FAIR CARE
Phone: 1-888-767-7015 (TTY 1-888-767-7018)
Website: www.pafaircare.com
Apply Online: www.pafaircare.com

PA Recreation and Leisure
Department of Public Welfare

The PA Recreation and Leisure line provides information and referrals for people of all ages to ensure all the state’s citizens can enjoy both traveling and an active life in their communities. You may ask about accommodations for wheelchair accessibility or hearing, vision, speech or behavioral considerations. Some activities are for people who share a chronic health condition. When you call, you may ask to talk to a specialist from the Special Kids Network to discuss inclusive and accessible opportunities for children and youth with chronic developmental, behavioral, physical or emotional conditions. A range of opportunities exists such as accessible theaters, camps, horseback riding, sports, clubs, museums and more.

Contact: PA Recreation and Leisure
Phone: 1-800-986-4550 – Health & Human Services Call Center
Publications, database search, and Live Chat: www.HelpInPA.state.pa.us
### COUNTY BY COUNTY HELPLINES

- Area Agency on Aging (AAA)
- County Assistance Office (CAO)
- Homeless Assistance Program (HAP)
- Medical Assistance Transportation Program (MATP)
- Mental Health/Mental Retardation Center (MH/MR)
- Single County Authority (SCA)
- Stay Warm in PA (SW)

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**Notes:**
- County by County Helplines provide contact information for various agencies offering assistance to individuals in need, including social services, health care, and emergency assistance. This guide is essential for anyone seeking help in Pennsylvania, as it consolidates resources available at the county level.
- Each county has a dedicated line for the Area Agency on Aging (AAA), which offers information and services to older adults.
- The County Assistance Office (CAO) provides information and assistance on a range of programs and services available through local government agencies.
- The Homeless Assistance Program (HAP) offers resources and support to those experiencing homelessness.
- The Medical Assistance Transportation Program (MATP) assists individuals in accessing medical services through transportation assistance.
- The Mental Health/Mental Retardation Center (MH/MR) provides information and services related to mental health and mental retardation issues.
- The Single County Authority (SCA) coordinates services and resources across various agencies within a county.
- Stay Warm in PA (SW) provides information and assistance for those in need of warmth and fuel assistance during cold weather.
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<th>County</th>
<th>AAA</th>
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**Notes:**
- AAA: American Association of Retired Persons
- CAO: County Administration Office
- HAP: Human Assistance Program
- MATP: Medical Assistance Trust Program
- MH/MR: Mental Health/Mental Retardation
- SCA: Statewide Consumer Assistance
- SW: Statewide

**Contact Information:**
- [PA HEALTH AND HUMAN SERVICES RESOURCE GUIDE](http://www.health.pa.gov)
- [COUNTY BY COUNTY HELPLINES](http://www.health.pa.gov)
- [PA HEALTH AND HUMAN SERVICES RESOURCE GUIDE](http://www.health.pa.gov)
- [COUNTY BY COUNTY HELPLINES](http://www.health.pa.gov)
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