Westmoreland County

INFORMATION SERVICES

EMERGENCY INFORMATION	
ABUSE Hotline Listings	Mental Health Crisis Intervention Hotline
American Red Cross Listing	Poison Control
Animal Control	Salvation Army Listing
Area Agency on Aging (AAA)	Westmoreland Casemanagement & Supports, Inc
Food Banks	Westmoreland County Information & Referral
Hospital Listing	Westmoreland Human Opportunities

In the event of an EMERGENCY:

- **Ambulance**
- **Fire**
- **Police**

CALL 911

Text Telephone (TTY/TDD) Users

(TTY/TDD, after your call is answered, pressing a TTY/TDD key several times may help shorten the time necessary to respond to your call). Dial 911 or "O" (Operator) – Voice Only. Stay on the line, give the operator the street address and community where help is needed. Some communities may have alternate numbers for Ambulance, Fire or Police. PLEASE check your telephone directory as a resource for this number.

ABUSE

Area Agency on Aging (AAA) 1-800-442-8000
Childline Hot Line 1-800-932-0313
Domestic Abuse Help Line for Men-National Help Line ..... 1-877-643-1120 Code # 0757
Parent Anonymous Help Line—parent education for alternatives to child abuse 1-800-544-0227
Women's Shelter for Domestic and Sexual Violence Hot Line 1-888-832-2272

AMERICAN RED CROSS - **Services in time of disaster and disaster preparedness**

Blood Services 724-837-3651
Greensburg 724-834-6510
Latrobe 724-537-3911
New Kensington/Vandergrift 724-337-6595

ANIMAL CONTROL - Game Commission 724-238-9523

AREA AGENCY OF AGING (AAA) 724-830-4444

OR toll free 1-800-442-8000. Services for Adults under 60 and Older Adults, Senior Centers, Shared Ride, and Meals on Wheels.

FOOD BANKS:
American Red Cross (Westmoreland Chapter) 724-834-6510
Meals on Wheels 1-800-442-8000
Salvation Army 724-834-3335
Westmoreland County Food Bank.....1-800 462-2080

HOSPITALS:
Allegheny Valley Hospital.....724-224-5100
Frick Hospital 724-547-1500
Latrobe Area Hospital 724-537-1000
Mercy Jeannette Hospital 724-527-3551
Monsour Medical Center 724-527-1511
Westmoreland Regional Hospital.....724-832-4000

MENTAL HEALTH CRISIS INTERVENTION HOT LINE:
Provides crisis counseling, consultation and referrals 24/7. Can dispatch the Mobile Unit to address the crisis in the community .....**1-800-836-6010 or 724-547-0285 for help**.

POISON CONTROL - Pittsburgh Poison Center, toll free 1-800-222-1222

SALVATION ARMY
Greensburg 724-834-3335
Jeannette 724-523-3120
New Kensington 724-335-7221
Help to pay eviction, rent, or shutoff notice - Emergency Food assistance
Emergency shelter vouchers - Can provide clothing or home needed items.

WESTMORELAND CASEMANAGEMENT AND SUPPORTS, INC. (WCSI)
WCSI serves individuals residing in Westmoreland County who are in need of Mental Health, Mental Retardation and Early Intervention Services. They assist clients in accessing services and provide ongoing service coordination, monitoring and support .....724-837-1808 or 1-800-353-6467

WESTMORELAND HUMAN OPPORTUNITIES, INC. (WHO) 724-834-1260
WHO, Inc. provides a variety of services to individuals and families throughout Westmoreland County.

- **Emergency Services** – Provides assistance to persons in need, including mortgage payment assistance, energy assistance and operates an emergency food pantry.

WESTMORELAND COUNTY
INFORMATION & REFERRAL HELP LINE .....1-800-222-8848 or 724-836-2020

Sponsored by:

Westmoreland County Mental Health/Mental Retardation Program
40 N. Pennsylvania Avenue, Greensburg PA 15601
Phone: 724-830-3617

BE PREPARED FOR A DISASTER

Being prepared for emergencies can reduce the fear, panic and inconvenience that surrounds a disaster. The Westmoreland County MH/MR office has produced this Special Edition News Letter to get the word out on what we can all do to be prepared for an emergency in our homes. After reading this Newsletter, if you would like some help in getting prepared, please contact your Supports Coordinator.

BE READY TO EVACUATE

Have a plan for getting out of your home or building (ask family or friends for assistance if necessary). Also, plan two evacuation routes because some roads may be closed or blocked in a disaster. Listen to the advice of local officials. Decide whether it is better to leave the area, stay with a friend, or go to a public shelter.

MEDICAL ALERT TAGS

Wearing Medical Alert tags or bracelets to identify your disability may help in case of an emergency.

CHECK FOR HAZARDS IN YOUR HOME

Ordinary items in the home can cause injury or damage. Anything that can move, fall, break r cause a fire is a home hazard. Check for items such as bookcases, hanging pictures, or overhead lights that could fall in an earthquake or flood and block an escape path.

CREATE A SELF-HELP NETWORK OF RELATIVES, FRIENDS OR CO-WORKERS TO ASSIST IN AN EMERGENCY

If you think you may need assistance in a disaster, discuss your disability with relatives, friends, co-workers, and fire department and ask for their help. For example, if you need help moving or require special arrangements to receive emergency messages, make a plan with friends. Make sure they know where you keep emergency supplies. Give a key to a neighbor or friends who may be able to assist you in a disaster. If you need a wheelchair, show friends how to operate it and tell them the size of it in case it needs to be transported. Place an identification sticker on bedroom windows to alert emergency personnel that additional assistance may be needed to evacuate.

PREPARE AN EMERGENCY KIT FOR YOUR HOME

- At least 3 to 5 day supply of water (1 gallon per person per day). Store water in sealed, unbreakable containers. Replace every 6 months.
- A 3 to 5 day supply of non-perishable packaged or canned food and a non-electric can opener.
- A change of clothing, rain gear, and sturdy shoes.
- Blankets, bedding, or sleeping bags.
- First aid kit and manual.
- An extra pair of glasses or contact lenses and solutions.
- A list of family physicians, important medical information, and the style and serial number of all medical devices. List of medications and current dosages, along with a supply of medications.
- Special items for infants, elderly, or family members with disabilities.

- Battery powered radio and extra batteries.
- Identification, credit cards, cash and photocopies of important family documents, including home insurance information.
- An extra set of car and house keys.
- Tools, such as screwdrivers, cutters, scissors, flashlights and extra batteries, waterproof matches, duct tape, a fire extinguisher, flares, plastic storage containers, needle and thread, pen and paper, a compass, garbage bags and regular household bleach.