



E-NEWSLETTER

March 2013



Register Online for the March For Parks

Hear the Music, See the Goal! Help Us Score For Our Parks!

- Online Resources:**
- [Online Registration](#)
 - [Contribution Form](#)
 - [2012 Photo Gallery](#)
 - [2013 Brochures & Flyers](#)
 - [Team Captain's Handbook](#)
 - [2012 Final Team Standings](#)

Saturday, March 23, 2013 is your chance to show support for your Westmoreland County Parks and Trails! The place is Twin Lakes Park, where people from all over the county will gather to participate in the March for Parks. The event is presented by the Westmoreland County Parks and Recreation Citizens Advisory Board and is sponsored by Kennametal, UPMC Health Plan, Chick-fil-A, Comcast, CONSOL Energy and Excelsa Health. Event hours are 9:00am to 12:30pm.

The theme of the 2013 March for Parks is "Hear the Music, See the Goal! Help Us Score For Our Parks!" The Westmoreland County Parks Citizens Advisory Board is currently in the process of starting the third phase of the Twin Lakes Park Expansion project. New facilities will include a deck hockey and skating rink and an outdoor amphitheater for concerts in the park.

Prior to the event, marchers collect monetary contributions to support the March. Those marchers who collect \$25 or more will receive a t-shirt. People that collect over \$100 or more will receive a gift card to Target. The more you raise, the more the gift card will be worth!

Walkers and runners may participate as individuals or teams. Any group of three or more people can be a team. Organize your friends and family, school, place of worship, company or community organization. Complete the team information when you register to become eligible for awards that will honor the top fundraising teams.

The money raised at past Marches has really made an impact in the community. Marchers will have the opportunity to designate the funds they raise to projects that will make our County Parks great places to visit. Choices include: the deck hockey and skating rink and amphitheater at Twin Lakes Park, Mammoth Park Lake Dredging, the Little Crabtree Creek Trail, extending the Westmoreland Heritage Trail from Saltsburg to Trafford, and the Cedar Creek Park Dog Park. Non-designated funds will be used where they are most needed.



DJ Dave Haering and Mike the Balloon Guy head the list of fun activities at the event. There will be a picnic lunch after the March and the event will conclude with raffle prizes and an awards presentation for the top fundraising teams. Home Depot will also be sponsoring a kid's workshop at the event and there will be fun things to do for everyone!

Registering online is the easiest way to sign up for the March. Just visit www.co.westmoreland.pa.us/parks. To receive a registration form by mail, call (724) 830-3950. Join in the March For Parks and help us to "Keep Westmoreland County Green!"



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Westmoreland County Senior Games, May 7-17

Online Resources: [Senior Games Web Page](#) • [Photo Gallery](#)
[Schedule of Events](#)

Come and join in the fun of the Westmoreland County Senior Games! For over twenty years, the goal of the Senior Games is to encourage an active lifestyle and continued participation in recreational activities beyond age 50. The slogan for the games is to "Bring a Friend for Fun and Fitness" and there are so many Olympic-style events to participate in such as bocce, bowling, cycling, golf, horseshoes, running and swimming.

The 2013 Senior Games will take place May 7-17 at Mammoth Park and several other central Westmoreland area locations. Anyone age 50 and over is eligible to participate and we have a new age category this year for athletes 90 years and above. Registration cost is \$10. Medals will be awarded to the top three finishers of each event in each age bracket. There will be an awards ceremony at the conclusion of the games, and all athletes are encouraged to attend.



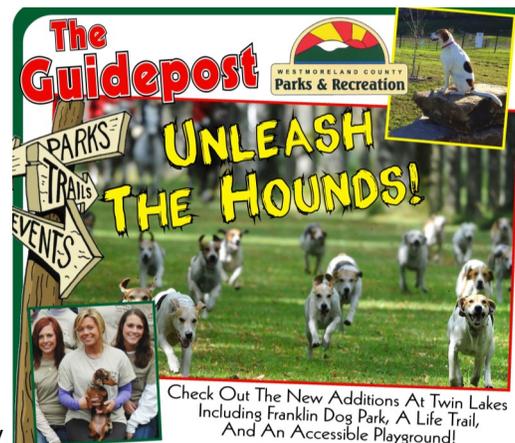
The Senior Games are more about fun and fitness than serious competition. Most of the seniors that participate in the Games come to stay active and have a good time. People may think that they have to be a super athlete to participate in the Games, but that is not the case. The aim of the Senior Games is to combine sports, entertainment, recreation and fellowship.

The Westmoreland County Senior Games are sponsored by Excelsa Health and its Partners Advocating Total Health, Amber House at Harmon House Care Center, 1480 WCNS, SuperValu, Senior Helpers, and Greensburg Care Center. To receive a registration booklet, call the Westmoreland County Bureau of Parks and Recreation at (724) 830-3950.

Purchase an Ad in the "Guidepost"

Looking for a great way to feature your business or organization to an audience of over 100,000? Then purchase an ad in Westmoreland County Parks and Recreation's full-color guide, the "Guidepost!" For those of you who are regular readers of the Tribune-Review, you are probably familiar with the "Guidepost," a 28-page, color guide distributed annually in the Tribune-Review. Over 100,000 copies will be distributed on April 23 in the TRIB, Valley Independent, Valley News Dispatch, as well as the Latrobe Bulletin.

The Bureau of Parks and Recreation is only able to publish the "Guidepost" with the support of our business advertisers. Why advertise with us? The "Guidepost" has a long shelf-life; people hold onto the "Guidepost" for months as a quick guide to upcoming Westmoreland County Parks events and fun summer activities. Families are always looking for inexpensive ways to have fun – the "Guidepost" features lots of information on exciting family happenings in Westmoreland County.



Check Out The New Additions At Twin Lakes Including Franklin Dog Park, A Life Trail, And An Accessible Playground!

Call (724) 830-3962 for more information. Ads start at \$245. Please support Westmoreland County Parks by purchasing an ad. Help us let Westmoreland County residents know what's happening in their parks!